

U.S. AIR FORCE AUXILIARY CIVIL AIR PATROL



NORTH ORANGE COUNTY
COMPOSITE SQUADRON 56

PO Box 262
La Habra, CA 90631

NEWS RELEASE

Chris Storey
Public Affairs Officer
Phone: (310) 714-7365
E-Mail: cstorey@cawg.cap.gov

FOR IMMEDIATE RELEASE

27 July 2002

CIVIL AIR PATROL MEMBERS LEARN LIFESAVING SKILLS

LA HABRA, CA – Members of the United States Air Force Auxiliary Civil Air Patrol, North Orange County Composite Squadron 56 spent a recent Saturday learning the life saving skills of cardiopulmonary resuscitation (CPR) and basic first aid.

Eight senior members and one cadet from Squadron 56 were trained in adult and child CPR and basic first aid by Civil Air Patrol Capt. Curt Kmiecek. Capt. Kmiecek, from the Lewis Composite Squadron in Illinois, was in California on a business trip and volunteered his time to assist the members of Squadron 56 with this important training. Capt. Kmiecek is a certified instructor with the American Red Cross.

CPR and first aid training are part of the requirements for the Civil Air Patrol Ground Team emergency services rating and are essential skills for anyone involved in any type of search and rescue or outdoor activity. Squadron 56 is organizing itself as an Emergency Services oriented squadron, and this training is the first step in reaching that goal. Members of squadron 56 are now better prepared to respond to emergencies such as injuries or cases of sudden cardiac arrest.

CPR is an emergency lifesaving procedure that is performed when the breathing or the heartbeat has stopped, such as in cases of electric shock, drowning, or sudden cardiac arrest. CPR is a combination of rescue breathing, which provides oxygen to the victims lungs, and chest compressions, which keep the victims heart circulating oxygenated blood, until advanced emergency medical care arrives. For more information about CPR or first aid training, or to locate a class near you, contact your local chapter of the American Red Cross or the American Heart Association.

#####